



Stage 34 - FRANCE, CALAIS TO GUÎNES

Distance - 10.8km / 6.7 miles

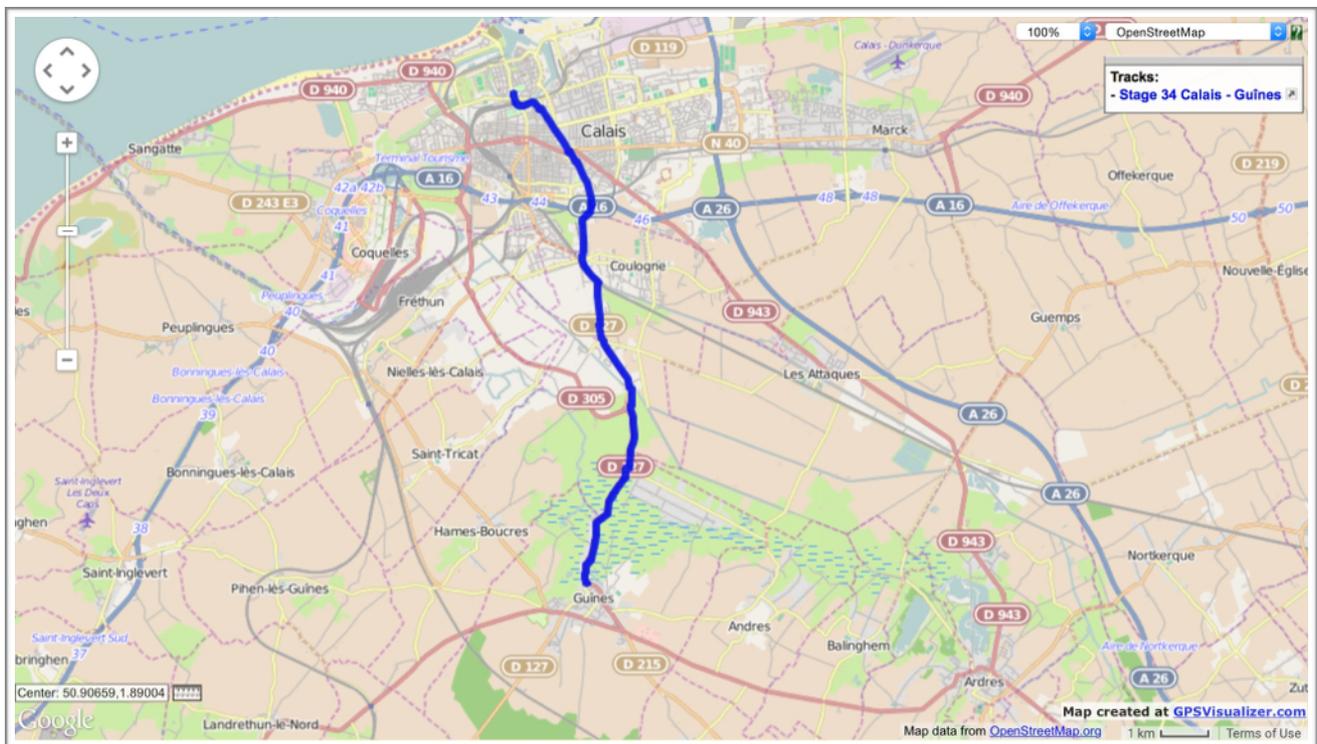
IGN Top100 map - 101 Lille Boulogne-sur-Mer

Time - 2.5 - 3 hours average time based on Naismith's rule

Total ascent - 41m

Total descent - 35m

Description - The route is an easy one that follows the GR145 alongside two canals before arriving at the village of Guînes.



Walk description

1 - With the Tourist Office behind you turn left, and go straight across the roundabout. Pass Hotel Premiere Classe on the left. At the next roundabout turn left to pass the Hotel de Ville on the right. Turn right before the canal bridge along Quai Andrieux, and head towards the canal continuing down Quai du Commerce.

2 - At Boulevard Lafayette cross the road down Quai Gustave Lamarle keeping the canal on your left. Cross over the next road to resume walking alongside the canal eventually to pass under the railway and motorway bridges. Cross over the next road, continue along Chemin Du Contre Halage and then cross over the canal. Turn left down the steps to pass under the bridge and continue ahead with the next canal on your right.

3 - Cross over the road (moving bridge on right) and follow the canal down Chemin Du Contre Halage to then cross over the next road.

4 - The path bears left before continuing straight on down the track. At the end bear right slightly to continue down a grassy path (signed). The path returns to the canal. Follow the canal all the way to and enter Guînes. In Guînes where the road goes left continue straight on down Rue Du Marechal Jaffre. At the end turn right Rue Massenet, and shortly after passing the square reach the Tourist Information Office.